

# Smoking and Indiana Women

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Tobacco use is the single most preventable cause of death and disease in the United States. Smoking alone is responsible for more than 10,200 premature deaths in Indiana annually, close to 4,100 of these deaths happen to Hoosier women.

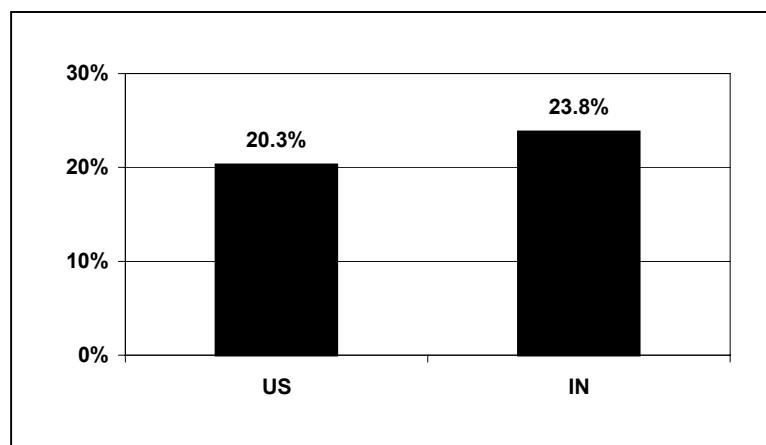
## Women Smoking Rates

- Proportion of women smoking in Indiana (24%) is higher than the national average (20%).
- Smoking among Indiana girls: 10% of middle school girls and 23% of high school girls are current smokers.
- Nineteen percent (19%) of pregnant women in Indiana smoke, nearly twice the national average (11%), making Indiana one of the highest among states.

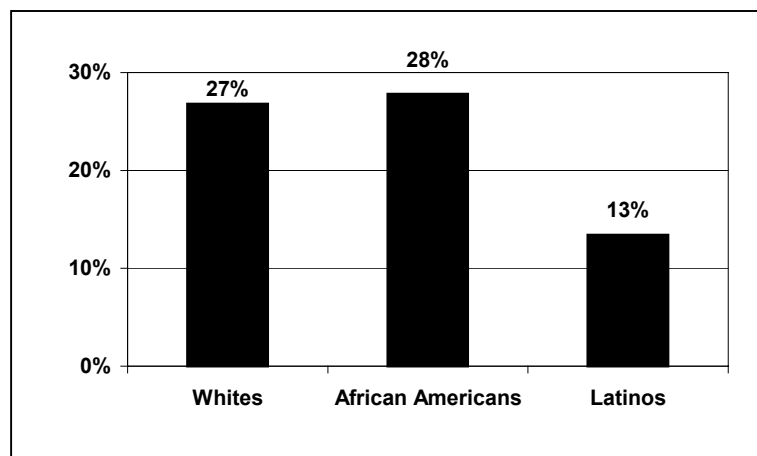
## Indiana Women Smoking Rates by Race/Ethnic Groups

- Smoking rates among White (27%) and African American (28%) women are twice that of Latina (13%) women.

**Women Smoking Rates, Indiana vs. U.S.**



**Indiana Women Smoking Rates by Race/Ethnicity**

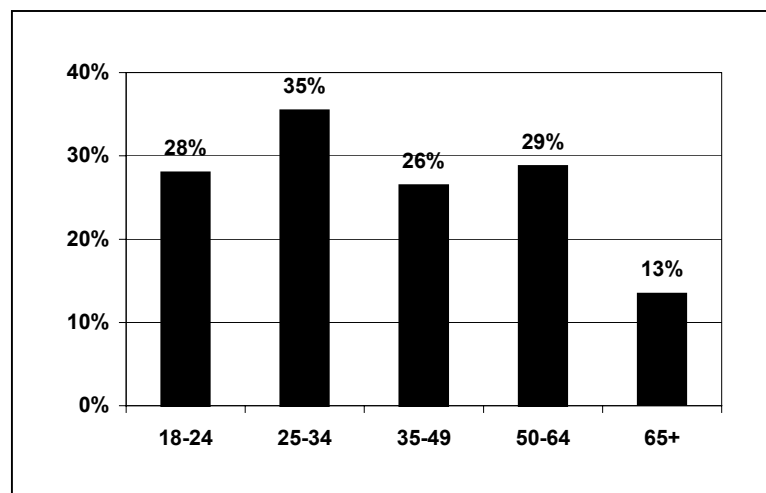


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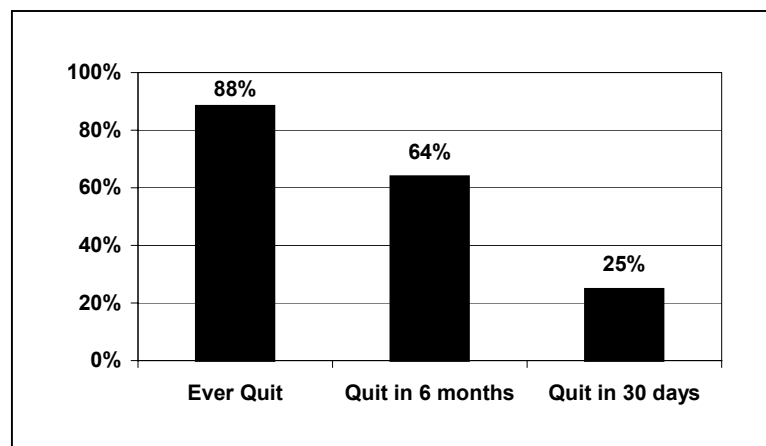
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## Indiana Women Smoking Rates by Age Group



## Quit Intentions of Women Smokers in Indiana



## Indiana Women Smoking by Age

- The proportion of women age 25-34 is highest among women of all age groups at 35%.
- Nearly 30% of women in age groups 18-24, 35-49, and 50-64 are current smokers.

## Hoosier Women Smokers Intentions to Quit Smoking

- Intentions to quit smoking among women smokers in Indiana are similar to the state averages.
- The percent of women smokers in Indiana expecting to ever quit or quit in the next 6 months is greater than the percentage of men smokers.

Smoking rates of Indiana women illustrate why tobacco use greatly impacts our State. The *Women and Smoking: A National and State-by-State Report Card* gave Indiana a failing grade and ranked it 46<sup>th</sup> among states that are not doing enough to stop tobacco as a killer of women. Few states have reduced smoking rates among women, targeted programs for pregnant smokers or established strong smoking policies.

Through Indiana's comprehensive tobacco control program we continue to raise Hoosiers' awareness of tobacco prevention and control issues. Several Indiana communities are working to create policies addressing secondhand smoke, but that the challenge is great in a state where 26% of adult women smoke. These tobacco control efforts are beginning to be realized, but it will take some time before we will see declines in Indiana high smoking rates. Indiana continues to strive for a state where all can live without tobacco!